

**CAMDEN CO. DEPT. OF HEALTH & HUMAN SERVICES  
SCHOOL HEALTH PROGRAM**

Dear Parent:

In order to be able to better treat your child's asthma, we ask that you provide an updated asthma action plan for the new school year. A new medication form completed by you and your doctor is also required each school year. Please be sure your doctor indicates whether or not your child has permission to carry and self-administer an inhaler. If your child does carry an inhaler it is important that one also be provided for the school office.

There is a nebulizer available for use in the nurse's office. In order for your child to use it, we must have a medication form completed by your doctor with the name of the medication, dose and frequency. The form must also be signed by a parent or guardian. The tubing for the nebulizer must be provided along with the medication.

Please return the completed forms before the first day of school.

Thank You

*Patricia Dominguez, R.N.*

School Nurse

Camden County Department of Health & Human Services

STUDENT ASTHMA ACTION CARD

Name \_\_\_\_\_ Grade \_\_\_\_\_ Teacher \_\_\_\_\_

Parent/Guardian \_\_\_\_\_ Phone (Home) \_\_\_\_\_ Work \_\_\_\_\_

Parent/Guardian \_\_\_\_\_ Phone (Home) \_\_\_\_\_ Work \_\_\_\_\_

Emergency Contact #1 \_\_\_\_\_

Name	Relationship	Phone
Emergency Contact #2 _____	_____	_____
_____	_____	_____

\*\*\*\*\*

DAILY ASTHMA MANAGEMENT PLAN

- Identify triggers for asthma attack (check each that applies to the student.)

<input type="checkbox"/> Exercise	<input type="checkbox"/> Strong odors or fumes	<input type="checkbox"/> Animals
<input type="checkbox"/> Respiratory infections	<input type="checkbox"/> Chalk dust	<input type="checkbox"/> Pollens
<input type="checkbox"/> Change in temperature	<input type="checkbox"/> Carpets in a room	<input type="checkbox"/> Food
<input type="checkbox"/> Molds		

Comments \_\_\_\_\_

- Control of School Environment  
List any environmental control measures, pre-medications, and/or dietary restrictions that will help prevent an asthma episode \_\_\_\_\_

- Peak Flow Monitoring  
Personal best peak flow number \_\_\_\_\_  
Monitoring times \_\_\_\_\_

Daily Medication Plan

Name	Dose	When to use
1. _____	_____	_____
2. _____	_____	_____
3. _____	_____	_____

\*\*\*\*\*

Physician's Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

**Department Of Health  
and Human Services**

**Carmen G. Rodriguez**  
*Freeholder Liaison*

**Patrick Shuttleworth**  
*Deputy Director*

**Ann D. Biondi** *Division Director*



*Making It Better, Together.*

**Personal Health Services**

*Division of Health  
School Nursing Program  
700 Monmouth Street  
Gloucester City, N.J. 08030  
(856) 456-0475  
Fax (856) 456-4090*

***Medication Administration in Schools***

***The following rules for the administration of medication in schools applies to BOTH prescription and non-prescription (e.g., Tylenol, cough syrup) medications in the school setting. No medication will be administered unless the following requirements are met.***

- 1. A written order from the physician to include the name of the pupil, name of the medication, dosage, the time the medication is to be administered at school and length of time to be given.***
- 2. A written medication administration form completed by the parent/guardian releasing the school and the school personnel from any liability there of. Medications are administered by a school nurse or designated responsible person. Medication Administration forms are available at the school office and from the school nurse.***
- 3. Medications are to be delivered to the school by the parent/guardian or a designated responsible person.***
- 4. All medication must be in the original container and clearly labeled.***
- 5. Controlled medications (e.g. Ritalin) require a thirty-day physicians renewal.***
- 6. At the end of the school year, medications must be picked up at school by the parent/guardian. Any remaining medication will be destroyed.***
- 7. If self-administration of a medication is prescribed, the parent/guardian and the authorizing physician must complete the medication administration form.***

***School personnel shall not provide pupils with any medication until all the requirements are met.***

**CAMDEN CO. DEPT. OF HEALTH & HUMAN SERVICES  
SCHOOL HEALTH PROGRAM  
MEDICATION ADMINISTRATION FORM**

*I request that the enclosed medication in the original container be administered to my child as prescribed, and shall release school personnel from all liability.*

*NAME OF CHILD* \_\_\_\_\_ *GRADE* \_\_\_\_\_

*NAME OF MEDICATION* \_\_\_\_\_

*DOSAGE* \_\_\_\_\_

*PURPOSE* \_\_\_\_\_

\_\_\_\_\_  
*Parent/guardian signature* \_\_\_\_\_ *Date* \_\_\_\_\_

\*\*\*\*\*

**TO BE FILLED IN BY SCHOOL NURSE**

*Prescription #* \_\_\_\_\_ *Date* \_\_\_\_\_

*Pharmacy* \_\_\_\_\_ *Phone #* \_\_\_\_\_ *Name of Medication* \_\_\_\_\_

*Name of Physician* \_\_\_\_\_ *Phone #* \_\_\_\_\_

**# OF TABLETS RECEIVED** \_\_\_\_\_

\*\*\*\*\*

**PHYSICIAN'S ORDERS**

*Name of Patient* \_\_\_\_\_

*Name of Medication* \_\_\_\_\_

*Date of Prescription* \_\_\_\_\_

*Dosage* \_\_\_\_\_

*Purpose* \_\_\_\_\_

**COMMENTS** \_\_\_\_\_

\_\_\_\_\_  
*Doctor's Name (please print)* \_\_\_\_\_ *Doctor's Signature* \_\_\_\_\_ *Date* \_\_\_\_\_